Eastern Hokkaido

Let's Experience Teshikaga together!
TESHIKAGA TRAVEL PAMPHLET

# Travel in Teshikaga

lt's what you do and not what you have. < TESHIKAGA

**Travel in Teshikaga** 

Sightseeing brochure to enjoy Teshikaga

On August 8, 2017, the name of the national park will be changed from "Akan National Park" to "Akan Mashu National Park"



Let's go out!

To what you can only have here and now

# **Experience of Teshikaga!**

Find the MAPCODE of a perfect course for you!

For all generations!

Model courses of travel in Teshikaga

There are many more!

Recommended spots in Teshikaga

Full of events in Teshikaga!

Teshikaga calendar of four seasons



## Come to Teshikaga to see a sea of clouds!

The privilege of those staying over in the town





Portal site of Teshikaga tourist information
Sister medium of Travel in Teshikaga

Teshikaga navi navi

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Search



Let's go out! to what you can only have here and now

# Experience Teshikaga!

Let's Experience
Teshikaga together!

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Mapcodes are code numbers that represent locations with numbers. Destinations can be found easily by entering corresponding codes into a compatible car navigation system.

Memo

# Course to Family model course make memories for children

The Ishikawas are a family of four - Mr. and Mrs. Ishikawa (40 and 39 years old), a son in the fourth grade (9 years old) and a daughter in the first grade (6 years old). They planned this trip to help the children grow up from the experience.

# There are many more! Commended spots Teshikaga



#### Kussharo Kotan Ainu Folk Museum

The facility on the bank of Lake Kussharo presents the history, culture and customs of the Ainu. 11, 1-jo dori Aza-Kussharo-shigai, Teshikaga Tel. 015-484-2128

mt 731 521 286



#### Kotan Onsen open-air bath

A free hot spring at Kotan on the south side of Lake Kussharo. Although there are separate changing rooms for men and women, it is practically a mixed bath.

Kussharo Kotan, Teshikaga

mt 731 521 557



Tour guide Yuya TSUCHIDA

Winter is great!
Let's put on snow shoes and go to see the entirely frozen Lake Kussharo and Lake Mashu surrounded by ice on trees. A hot spring bath after playing in the snow is also great!



### Watanabe Taiken Bokujyo

Time required:approx. 40 min.—

mt 731 354 581

This farm with 120 milk cows on its 70-hectare pasture has a variety of activities in which parents and children can experience dairy farming.

Children will be able to make long-lasting memories by having a tour around the grassland on a tractor, milking cows and making/eating butter and ice cream made from the milk. The farm also sells a wide range of dairy and farm products to take home.



### Lake Kussharo

Time required:approx. 90 min.-

Mt 638 148 559



▲ Japan's largest caldera lake (57 km in circumference) surrounded by hot springs where open-air baths can be enjoyed.

The mysterious, beautiful deep blue water of the lake touches the hearts of visitors

There are Sunayu, Wakoto and other hot springs in the surrounding area, where free open-air baths can be enjoyed while viewing the lake. In addition to canoeing and fishing to have contact with nature, it will also be fun to be cradled in the lake on a glass-bottom pleasure boat.



#### Wakoto Peninsula

Time required:approx. 60 min.-





A recommended course is a one-hour walk on the nature trail on the south side of Lake Kussharo. A little island made of lava that erupted from the underground on the south side of Lake Kussharo was later connected with the lakeside by accumulated sand and earth and formed a peninsula, At the base of the peninsula are souvenir shops, hot spring inns, campsites and boat boarding points. Volcanic activities can still be seen at the Oyakotsu Jigoku at the tip of the peninsula.

Let's go!

A recommended course to make pleasant memories for the entire family













## 2 Course for a carefree trip alone

Course for a trip alone

Memo

Mr. Kawasaki (28 years old) is a company employee living in Tokyo. He has a busy life being chased by time. As a treat for himself, he planned a trip that is completely different from his everyday life.



### Lake Mashu Star Journey

(L) Time required: approx, 90 min. -

The dark night sky is filled with bright stars. Have this beautiful starry sky that cannot be seen in cities all to yourself. 1st Lookout of Lake Mashu in the darkness of night is the best spot for star watching. A courtesy bus can be used by booking before 6:30 p.m. of the day at hotels in Kawayu Onsen. As a special guide gives comments, the tour can be enjo<mark>yed ev</mark>en without knowledge of stars.

(For a fee: Tourism Teshikaga Tel. 015-483-2101)



Tour guide of Lake Mashu Star Journey Shinobu KATASE

MC 757 409 505

Unlike the busy daytime, the nighttime of Lake Mashu is ruled by darkness. Twinkling stars of the Milky Way can be enjoyed in this area where artificial lights do not reach. A fantastic view of stars reflected on the lake may also be seen on windless nights.

Lake Mashu 613 781 370 \* Lake Mashu Rest House Tel. 015-482-1530

### Kaminoko Pond

Time required: approx. 60 min.-







▲This fantastic pond having its source in Lake Mashu looks emerald blue as its water is very clear.

The word "mysterious" fits to this pond which is distant from the tourist route. The water level of Lake Mashu is stable throughout the year because 12,000 tons of water springs out to this pond every day. The clear water through which swimming fish and trees on the bottom of the 5-meter-deep pond can be seen looks emerald blue on sunny days.

## Shiretoko National Park

L Time required: approx. 90 min.-



▲A sanctuary of Blakiston's fish owl and other precious wildlife, registered as a world natural heritage site in July 2005

The Shiretoko Peninsula covered with dense primeval forests is known for autumn salmon swimming up the river and inhabitation of wild animals including protected species. It is exciting to follow the driving course of the Shiretoko National Highway along the Sea of Okhotsk looking at the Shiretoko mountains, or the Shiretoko Five Lakes nature trail, which is closed when brown bears make an appearance.

An active course starting from Lake Mashu to Shiretoko National Park











Recommended spots M Jeshikaga



#### Ura Mashu Lookout

The observatory on the northeast side of Lake Mashu is the only place where the lake can be viewed from the back side. Kiyoizumi, Kiyosato, Shari-gun

mt 910 038 740



#### **Bihoro Pass**

The Bihoro Pass commanding a panoramic view of Lake Kussharo became known throughout Japan as it was the location of the movie Kimi no na wa (What is your name?). Furuume, Bihoro, Abashiri-gun Tel. 0152-75-0700

MC 638 225 285



#### **Kinmuto**

Kinmuto is a quiet pond in the medieval forest spreading on the south side of Mt. loh.

731 648 329



#### Mt. Mokoto

The mountain has an almost circular shape and is the highest peak of the somma of Lake Kussharo at 1,000 m above sea level.

Furuume, Bihoro, Abashiri-gun

MT 638 445 185

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# Course for girls – a trip of three friends (



Memo

Ms. Sugano , Ms. Sasaki and Ms. Tabata (24 years old) who always have fun together in girls-only gatherings planned a trip to fully enjoy activities in Teshikaga.

There are many more!

# Recommended spots



#### Sunayu

A handmade open-air bath can be enjoyed as hot spring water gushes out if you dig the sand at the edge of the water of Lake Kussharo. There die a camping site nearby and a lot of tourists enjoy this attraction during high season. Sunayu, Lake Kussharo, Teshikaga

mt 638 148 559



#### Biruwa spring water

Water of lake Mashu springs from underground at this famous place of spring water in the Biruwa area of Teshikaga.

Biruwa. Teshikaga

mt 731 441 659



#### 900 Grassland (town farm)

It has a four-course, 36-hole park golf course approved by the Nippon Park Golf Association and a barbeque area.

418, Tobetsu, Teshikaga Tel. 015-482-5009

MC 462 729 347



#### Sakuragaoka Forest Park Auto Campground

It is an easily accessible campsite in the forest park that is a five-minute drive from downtown Teshikaga.

Sakuraoka, Teshikaga Tel. 015-482-1491

MC 462 819 167

### **♣**↑ Roadside station Mashu Onsen

Lime required: approx. 30 to 40 min. 462 849 695 Tel. 015-482-2500



▲Popular for clean rest rooms open 24 hours a day and footbaths

The roadside station Mashu
Onsen is a base for transmitting
tourist and other local
information. It sells vegetables
and other local products, and the
local staff provides information
on sightseeing, accommodations
and first-hand experience
programs. The Yezo deer burger
and Mashu pork burger from the
takeout corner are satisfying
both in taste and volume.

## Horse trekking

Time required: approx. 40 min. -



▲ Even people who are new to horseback riding can enjoy it safely with a guide.

Enjoying horseback riding in
Teshikaga can be a memorable
experience. There are a number of
activities from horse leading in the
facility (riding grounds) for beginners
to the long-term horse trekking
program with lunch. An attraction of
horseback riding is seeing things
from a high position. Take your time
and enjoy the scenery on horseback.
It is an experience that is hard to
have outside eastern Hokkaido.

### 🚣 Canoeing

L Time required: approx. 90 min. –

The Kushiro River having its source in Lake Kussharo is known as a dream of canoe lovers throughout Japan. This can be another fun experience of the trip. With a special guide, even women with no experience can enjoy canoeing down the river.

At the head of the Kushiro River where the stream is quiet, the water is clear enough to see the bottom of the river. The only sounds there are the cries of birds and murmuring of the stream. The relaxing teatime on a canoe is a blissful moment.



River & Field Shigetoshi TSUCHIYA

The attraction of the head of the Kushiro River is a natural setting, which is like a miniature garden with an abundant flow of clear water surrounded by natural riverside forests and wetland.







Let's go!

An active girls' trip is the real pleasure of Teshikaga.











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# Hot-spring therapy course ideal for tourists over 60



There are many more! >>>>>>>

Recommended spots

in Teshikaga

Footbath in Kawayu Onsen

The footbath in the Kawayu area

is the first one in the town. It has

an arbor and can be used free of

Kawayu Onsen Enchi, Teshikaga



Mrs. Kaori Kawasaki (62 years old) planned a trip of hot-spring therapy for her husband, Mr. Takashi Kawasaki (65 years old), who had just retired after working for many years. They decided to have a relaxing stay to enjoy hot springs in Teshikaga.



### Mt. Ioh nature trail

(L) Time required: approx. 55 min. -

MT 731 713 859

Mt. Ioh situated approximately 3 km south of Kawayu Onsen is the second most famous tourist spot after Lake Mashu. The entire mountain looks yellow because of sulfur gushing out from many places.

The nature trail (approx. 2.5 km, 55 min. on foot) between Kawayu Onsen and Mt. Ioh is an ideal course for strolling. Large colonies of alpine plants, including white Marsh tea and Siberian dwarf fir, appear after walking through the forests of Sakhalin spruce and white birch. Guided nature-viewing tours are offered from mid-June. (For details such as the operation period of the tours, please ask the Lake Mashu Tourism Association.) Tel. 015-482-2200



Tour guide Hisashi TAKEGISHI

Secrets of hot spring water created by Mt. loh, volcanic activities and alpine plant colonies can be enjoyed along the Tsutsujigahara nature trail (approx. 2.5 km) between Kawayu Onsen and Mt. Ioh. The view of Marsh tea in full bloom in June is overwhelming!

Another attraction of the

downtown Kawayu area is a

# MT 731 802 232

#### Kawayu Onsen Station

The station has an old-fashioned, nostalgic atmosphere. It also has a footbath that can be enjoyed free of charge.

1-1-18, Kawayu-ekimae, Teshikaga

mt 731 715 613



#### Wakoto Onsen open-air bath

The free open-air bath at the base of Wakoto Peninsula is popular among the users of the nearby

Wakoto, Aza-Kussharo, Teshikaga

731 577 445



#### Kawayu Eco Museum Center

The visitor center located in the Kawayu Onsen area presents the history and nature of the Kussharo caldera.

2-2-6, Kawayu Onsen, Teshikaga Tel. 015-483-4100

MT 731 802 075

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(L) Time required: approx. 120 min.



▲Kawayu has highly acidic water very similar to that of Kusatsu.

Teshikaga has famous hot springs, including Kawayu Onsen (highly acidic spring) with an attractive atmosphere of a hot spring resort, Mashu Onsen (weak salt spring) that has the longest history in eastern Hokkaido and Nibushi Onsen (simple spring) near the bank of Lake Kussharo, Enjoying hot springs with different qualities and atmospheres can be a highlight of the trip.

#### our of folk craft stores in downtown Kawayu

(L) Time required: approx. 60 min.



▲Each shop has many heartwarming folk crafts on display.

series of unique folk craft stores. Charming wooden ornaments, ceramic works and other handmade crafts are all unique and of excellent quality. Many works featuring wild animals and other natural subjects are also characteristic of these folk crafts.

Course to take time and enjoy the stay in Kawayu Onsen











Hidden spectacle only for those staying over in Teshikaga

# Come to Teshikaga to see a sea of clouds!

# Teshikaga Town has several spots for viewing a sea of clouds!

Teshikaga, a "town of forests and lakes," is famous for a sea of clouds which appears in early morning between June and October. There are five viewing spots: Lake Mashu 1<sup>st</sup> and 3<sup>rd</sup> Lookouts, Tsubetsu Pass Lookout, Bihoro Pass Lookout and Mokoto Pass Lookout. Teshikaga offers you the convenience of choosing the spot which has the easiest access from your hotel.



Check live cameras on the web!

ou can check cloud conditions in the live cameras installed at the Tsubetsu Pass, Lake Mashu and the Bihoro Pass before your departure.

## Where can I see it?

#### • A sea of clouds from the observatory at 947 m above sea level is stunning!

#### **Tsubetsu Pass Lookout**

This is the best spot to see a divine sea of clouds upon sunrise. It will captivate you. [Around July 1-3:45] [Around August 1-4:15] [Around September 1-4:45]

#### • This is the spot if you are after a vast sea of clouds!

#### **Bihoro Pass Lookout**

Magnificent Lake Kussharo is so expansive that you may not be able to include it in the viewfinder. This is the best spot to see a vast sea of clouds.

#### You won't miss a sea of clouds even if you have overslept!

#### **Mokoto Pass Lookout**

This is the second highest viewing spot after the Tsubetsu Pass. After sunrise from the Tsubetsu Pass, you can take pictures with light toward your back. Depending on the conditions, you may be able to see clouds flowing and colliding with each other.





## Lake Mashu 1<sup>st</sup> and 3<sup>rd</sup> Lookouts

Sometimes Lake Mashu is also covered with fog. You may get a chance to witness two seas of clouds over Lake Mashu and Lake Kussharo at the same time.

#### Travel times by car to "sea of clouds" viewing spots

	Mashu Onsen	Kawayu Onsen	Kotan	Kawayu Onsen Station	Satsutomonai	Biruwa Station	Minami Teshikaga Station
Tsubetsu Pass Lookout	Approx. 1 h	Approx. 1 h	Approx. 30 min	Approx. 1 h 10 min	Approx. 40 min	Approx. 45 min	Approx. 1 h 20 min
Lake Mashu 1st Lookout	Approx. 15 min	Approx. 30 min	Approx. 40 min	Approx. 25 min	Approx. 25 min	Approx. 25 min	Approx. 40 min
Mokoto Pass Lookout	Approx. 50 min	Approx. 20 min	Approx. 50 min	Approx. 25 min	Approx. 40 min	Approx. 40 min	Approx. 1 h

## Specialties

## Teshikaga specialties

Teshikaga's farm products are the products of fertile land and cool climate. The town is home to the popular Mashu Melon which is known for its high sugar content and balanced taste – the results of a large difference between daytime and nighttime temperatures. This is the latest-season melon in the country. Mashu soba (buckwheat noodles), which has fascinated soba lovers across the country, can be enjoyed at local restaurants and buckwheat and







buckwheat shochu are also ideal souvenirs.

\*The photos are images only



From top:Taiho senbei Mashu soba (left) Mashu buckwheat shochu "Soba" (right)

Recommended spots in Teshikaga



#### Taiho Sumo Museum

A museum to commemorate the achievement of Taiho, a great yokozuna of the Showa era. At the entrance, a bronze statue of Taiho welcomes visitors with an affectionate look.

2-1-20, Kawayu Onsen, Teshikaga Tel. 015-483-2924

mt 731 772 869



# Spring Summer Autumn Winter Teshikaga calendar of four seasons

Teshikaga offers a variety of events and tourist attractions throughout the year! Spring when buds grow, summer with clear sunny skies, autumn full of harvests from the land and winter of dignified beauty --Teshikaga shows different faces in different seasons of the year.

### Mt. Pon-Pon



Mt. Pon-Pon, which can be climbed from the entrance in Nibushi, was named as it sounds - "pon pon" when stepping on the ground of the mountain

#### 🎇 Tsutsujigahara nature trail 🛮 🗱 Expedition in darkness



It is a nature trail leading from the Kawayu Onsen area. through the forest and to Tsutsujigahara. It has large alpine plant colonies, including white Marsh tea and Siberian dwarf fir.

A nature guide familiar with local natural features guides visitors to the "best spot" of the night.

Organizer: Tourism Teshikaga



A handmade open-air bath can be enjoyed as hot spring water gushes out if you dig the sand at the edge of the water of Lake Kussharo

	April	May	June	
Average	2.6℃	8.1℃	11.8℃	
Highest	7.3℃	13.7℃	16.6℃	
Lowest	-2.0℃	2.9℃	7.6℃	

#### Recommended clothing

It is better to bring a coat or cardigan to put on top as there are still some cold days. In April, it is more comfortable to wear gloves and a hat if possible.

#### **mmer)** Cycling



The Teshikaga Town Office is currently improving its cycling environment by setting various courses for cyclers of all levels.

#### Shinsoba Festival



The town produces approximately 100 tons of buckwheat a year. Visitors can enjoy tasty noodles using new "Mashuko" buckwheat flour that is gaining popularity for its quality.

#### Park golf



Hokkaido is the birthplace of park golf, which is popular for its easiness to play. There are nine courses in the town.

#### Mashu melon



The Mashu melon has a high sugar content. It is also known as the "dream melon" as it is not on the market

#### Temperature in July, August and September (normal values)

	July	August	September
Average	15.8℃	17.7℃	14.3℃
Highest	20.0℃	21.7℃	18.4℃
Lowest	12.3℃	14.4℃	10.3℃

While a short-sleeve shirt should be sufficient in the daytime on many days, it is recommended to bring a thin jumper or cardigan as it gets cooler in the morning and evening.

#### Autumn) Tour of open-air baths

#### Scheduled to be held in late August timbing Mt. Mashu

Alpine plants can be viewed from

the 7.2-km-long climbing course

thick with bamboo grass. There

are Lake Mashu and Mt. Mashu

on the left and the Konsen Plain

spreads on the right of the course.

#### ★ Canoeing



Be sure to enjoy canoeing in Lake Kussharo and the Kushiro River, which are called a "sanctuary" among canoe lovers.

#### Colored leaves



Leaves of bright colors are reflected on the water of Lake Kussharo in autumn. This season with many fine days is ideal for autumn leaf-viewing.

Diamond dust in Kawayu

	October	November	December
Average	8.6℃	1.7℃	-4.0°C
Highest	13.3℃	6.1℃	-0.3℃
Lowest	3.5℃	-3.3℃	<b>-</b> 8.5℃

While a coat or cardigan should be sufficient in October, it is better to prepare for the cold in November and December by wearing a long coat. A hat, scarf and gloves are also necessary.



There are open-air baths in

Sunayu, Kotan-no-yu and

different parts of the town, such

as Ikenovu. Wakoto Peninsula.

Nibushi Onsen, where various

types of bathing can be enjoyed.



The Omiwateri phenomenon that occurs when the ice of Lake Kussharo swells is the largest scale of its kind in Japan. A mysterious sound can be heard from the early evening to morning on cold days.

#### ★ Swans



Approximately 300 swans spend a winter throughout Lake Kussharo. In some places, swans can be viewed from open-air baths

#### ★Snow shoe tour

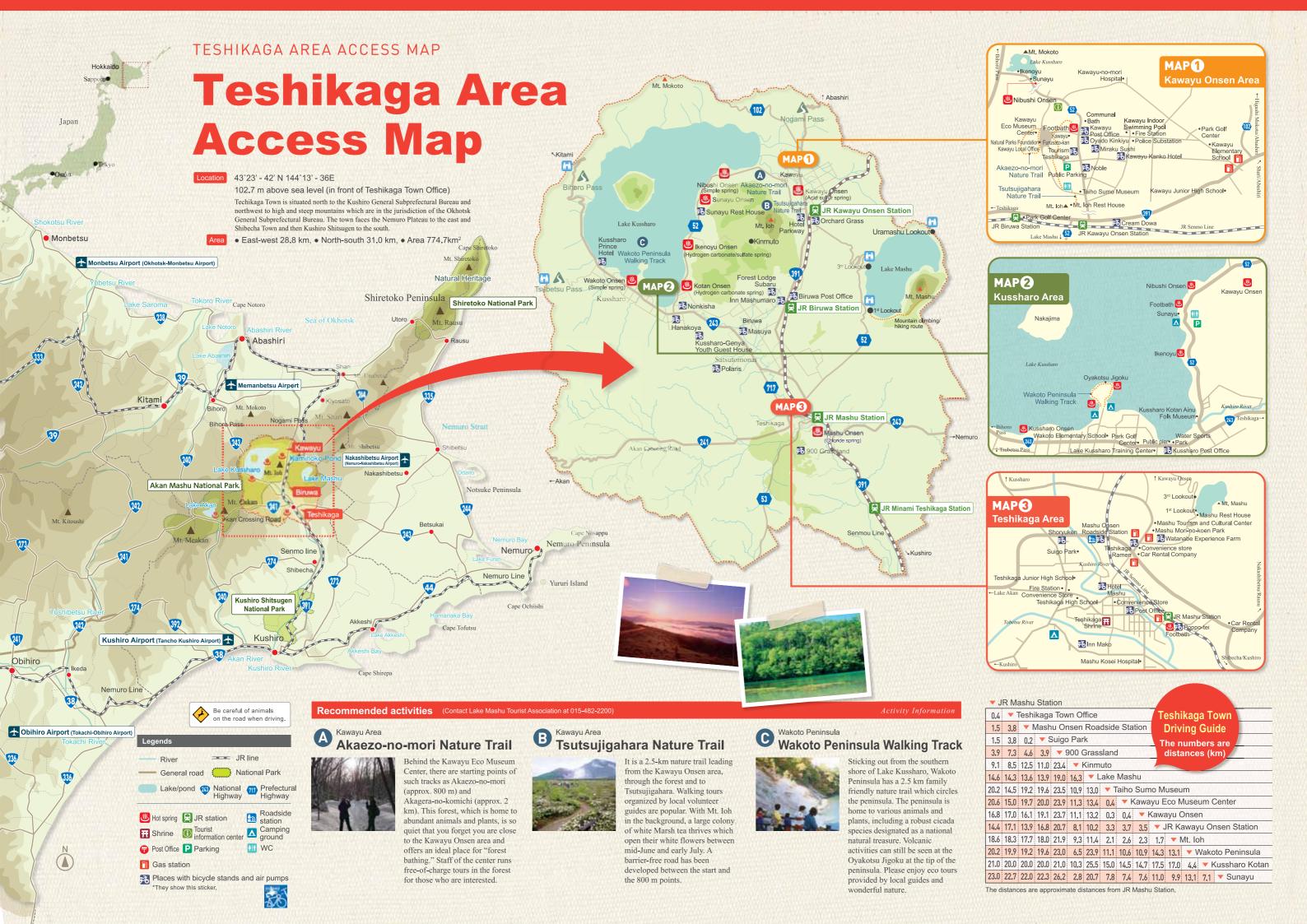


Even those who are new to snow shoes can tour safely with the instruction of a guide.

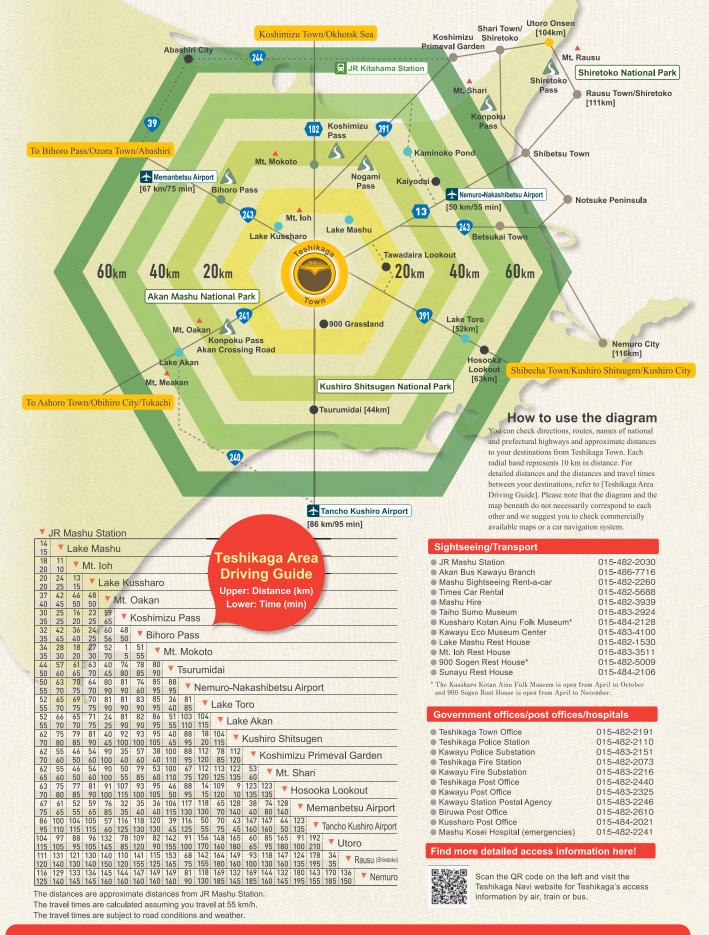
Yunokawa Enchi, where hot spring water flows, creates a fantastic view at night, covered with clouds of white steam.

	January	February	March
Average	-7.6℃	-7.5℃	-3.7℃
Highest	-3.8℃	-3.6℃	0.1℃
Lowest	-12.3℃	-12.0℃	<b>-</b> 8.2℃

It is recommended to wear shoes with patterns on the soles to walk on snow, in addition to a down jacket or long coat, hat, scarf and gloves as protection against the cold.



## Access point diagram



For inquiries about sightseeing

Lake Mashu Tourist Association 015-482-2200

Teshikaga Portal site of Teshikaga tourist information 第子屈なび Search (March Cashikaga navi) navi http://www.masyuko.or.jp